



MU SÜDA ÄRKA ÜLES  
(AWAKE MY HEART)

ARRANGED BY SUSAN T. NELSON

FOR HANDBELLS (4-7 OCTAVES)  
WITH OPTIONAL HANDCHIMES, HANDBELL DUO,  
ALTERNATE BELLS, AND BAR OR WIND CHIMES

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Handbell Choir Version

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# Mu Süda Ärka Üles

(Awake My Heart)

For Handbells and Handchimes, with optional Handbell Duo, Alternate Bells and Bar or Wind Chimes

Bells Used: 4-7 oct. (39) (46) (49) (52)

optional bells &/or chimes optional

Chimes Used: 4 oct. (13) Handbell Duo: 3 oct. (11)

Beginning Ending

Alternate bells #1 Alternate bells #2 Alternate bells #3 Alternate bells #4

Beginning Ending Beginning & Ending Beginning Ending Beginning Ending

NOTE: May be performed entirely by a handbell ensemble. See the Performance Notes on page 12.

Ethereal, freely and very slow ♩ about 58

Traditional Estonian Folk Song  
arr. Susan T. Nelson (ASCAP)

Alternate bells or chimes, Handbell Duo

1 2 3 4 Bar chimes

Handbells

Bells &/or chimes enter separately, random ring &/or singing bell, restrike as necessary through meas. 18.

*p*

4 oct. choirs omit notes in ( ).

Handbell choir score for "Mu Süda Ārka Ūles - Handbell Choir Version". The score is written for four handbells, with the first two staves representing the first two bells and the last two staves representing the last two bells. The music is in 2/4 time and features a melodic line in the treble clef and a bass line in the bass clef. The score is divided into two systems, each with four measures. The first system is marked "mf" and includes the instruction "Alternate bells #1" above the first measure and "Alternate bells #2" above the second measure. The second system includes the instruction "Alternate bells #3" above the first measure, "Alternate bells #1" above the second measure, and "Alternate bells #4" above the third measure. The bass line consists of sustained chords, with the first two staves of each system showing the chord voicings for the first two bells and the last two staves showing the voicings for the last two bells. The notes are: Measure 1: G4, A4, B4, C5; Measure 2: A4, B4, C5, D5; Measure 3: G4, A4, B4, C5; Measure 4: A4, B4, C5, D5.

Alternate bells #1

Alternate bells #2

Alternate bells #3

Alternate bells #1

Alternate bells #4

mf

5 6 7 8

9 10 11 12 13

## Handbell Duo

Musical score for Handbell Duo, measures 14-18. The score is written for two staves (treble and bass clef). Measure 14 features a wavy line labeled "Bar chimes" in the treble clef. The bass clef part consists of sustained chords with a wavy line underneath. Measures 15, 16, 17, and 18 continue with sustained chords in the bass clef.

Cantabile ♩ = about 66

Musical score for Handbell Duo, measures 19-21. The score is written for two staves (treble and bass clef). Measure 19 has a dynamic marking of *mf* in the treble clef and *mp* in the bass clef. Measure 20 has a dynamic marking of *mp* in the bass clef. Measure 21 features a wavy line labeled "Bar chimes" in the treble clef and a dynamic marking of *LV* in the bass clef.

Musical score for Handbell Duo, measures 22-24. The score is written for two staves (treble and bass clef). Measure 22 has a dynamic marking of *LV* in the bass clef. Measure 23 has a dynamic marking of *LV* in the treble clef and *mf* in the bass clef. Measure 24 has a dynamic marking of *mf* in the bass clef.

Handbell choir score for "Mu Süda Ārka Ūles - Handbell Choir Version". The score is written for two staves (treble and bass clef) and includes measures 25 through 36. The music is in 2/4 time and features a variety of rhythmic patterns and chordal textures. The score is marked with "LV" (Left Voice) and "RV" (Right Voice) throughout. A large, diagonal watermark reading "Sample Only" is overlaid on the page.

Measures 25-27: Treble clef has quarter notes and eighth notes; bass clef has quarter notes and eighth notes. Measure 25 has "LV" above the treble staff. Measure 26 has "LV" above the treble staff. Measure 27 has "LV" above the treble staff.

Measures 28-30: Treble clef has quarter notes and eighth notes; bass clef has quarter notes and eighth notes. Measure 28 has "LV" above the treble staff. Measure 29 has "LV" above the treble staff. Measure 30 has "LV" above the treble staff.

Measures 31-33: Treble clef has quarter notes and eighth notes; bass clef has quarter notes and eighth notes. Measure 31 has "LV" above the treble staff. Measure 32 has "LV" above the treble staff. Measure 33 has "LV" above the treble staff.

Measures 34-36: Treble clef has quarter notes and eighth notes; bass clef has quarter notes and eighth notes. Measure 34 has "LV" above the treble staff. Measure 35 has "LV" above the treble staff. Measure 36 has "LV" above the treble staff.

Handbell choir score for *Mu Süda Ārka Ūles* (Handbell Choir Version). The score is written for two staves (treble and bass clef) and includes measures 37 through 48. The music is in 2/4 time and features a key signature of one sharp (F#). The score is marked with "LV" (Left Voice) and "RV" (Right Voice) throughout. A large, diagonal watermark reading "Sample Only" is overlaid on the page.

Measures 37-48 are shown, with measures 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, and 48. The score includes treble and bass clefs, a key signature of one sharp (F#), and a time signature of 2/4. The music is marked with "LV" (Left Voice) and "RV" (Right Voice) throughout. A large, diagonal watermark reading "Sample Only" is overlaid on the page.

Handbell choir score for 'Mu Süda Ärka Üles - Handbell Choir Version'. The score is written for two staves (treble and bass clef) and includes measures 40 through 57. The music is in 2/4 time and features a melody in the treble clef and a bass line in the bass clef. The score is marked with 'LV' (Left Hand) and 'RV' (Right Hand) throughout. A large blue watermark 'Sample only do not reproduce' is overlaid on the page.

Measures 40-57 are shown, with measures 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, and 57. The score includes a treble clef staff and a bass clef staff. The music is marked with 'LV' (Left Hand) and 'RV' (Right Hand) throughout. A large blue watermark 'Sample only do not reproduce' is overlaid on the page.

Musical score for Handbell Choir, measures 48-60. The score is written for two staves (treble and bass clefs). Measure 48 starts with a treble clef and a common time signature. The bass line begins with a whole note chord. Measure 49 features a treble line with a melodic line and a bass line with a rhythmic accompaniment. Measure 60 includes a 'rit.' (ritardando) marking. The score is overlaid with a large blue watermark reading 'Sample only do not reproduce'.

Majestic, a tempo

Handbell Duo

Musical score for Handbell Duo, measures 61-63. The score is written for two staves (treble and bass clefs). Measure 61 starts with a treble clef and a common time signature. The bass line begins with a whole note chord. Measure 62 features a treble line with a melodic line and a bass line with a rhythmic accompaniment. Measure 63 includes a '( )' marking. The score is overlaid with a large blue watermark reading 'Sample only do not reproduce'.

64 65 66

67 68 69

LV LV

Sample only - do not reproduce

The image displays a musical score for a handbell choir. It is organized into two systems, each with a vocal line and a piano accompaniment. The piano part is written for two staves, treble and bass clef, and is enclosed in a brace on the left. The vocal line is on a single staff with a treble clef. The score includes measure numbers 70 through 77. A large, diagonal watermark reading "Sample only - do not reproduce" is overlaid across the entire page. At the end of the piano part in the second system, there is a section labeled "L.V." (Left Hand Variation) with a treble clef and a key signature of one flat.

70

71

72

73

74

75

76

77

L.V.

Broader ♩ = about 60

78 79 80 81

*poco rit.*

V

82 83 84

V

*mf*

The image displays a musical score for a handbell choir. It is divided into two systems. The first system includes a vocal line and a piano accompaniment. The piano part consists of a right-hand staff with chords and a left-hand staff with a bass line. The second system continues the piano accompaniment. A large, diagonal watermark reading "Sample only - do not reproduce" is overlaid across the entire page.

85

86

87

88

89

90

91

LV

Handbell Duo

Alternate bells #3

Alternate bells #4

Handbell Duo

Alt. bells #3

Alt. bells #4

Alt. bells #2

Alt. bells #1

*molto rit.*

*ff*

\*Alternate bells #2

*ff molto rit.*

*fff*

\*\*SK

\*Meas. 92 & 95: Alternate bell part #2 is written in bass clef to facilitate sporing.

\*\*Meas. 94: Start SK horizontal, close to the table and bring the bell up to normal ringing position to increase volume.

#### PERFORMANCE NOTES

Alternate bells and handbell soloists are not required for performance. Chimes may be used instead of alternate bells, and the ensemble can play the handbell duo part in the introduction and ending.

The introduction is optional. The handbell ensemble may begin the composition at measure 23, if desired.

#### Introduction:

1. The introduction (meas. 1-20) is very free, slow, and not in a strict tempo.
2. Meas. 1-2: Bells and/or chimes enter separately, random ring &/or singing bell, restrike as necessary through meas. 18.
3. Alternate bells and bar chimes start once sustained random ring/singing bell is established.
4. Alternate bells enter one at a time in the order written.
5. The rests in meas. 6, 8, 10 & 12 are not in strict tempo. They indicate only that there should be some time between each entrance.
6. The regular tempo begins at measure 23.

Alternate bells: Malmark Cymbells, Whitechapel Cup Bells, handchimes, orchestral (tabular) bells, organ chimes, Petit & Fritsen, Schulmerich Silver Melody, Deagan "pear shaped" bells, etc., may be used.

Alternate bell parts #1-4 may be played up or down an octave(s) to fit the range of your instruments.

Placing the four groups of alternate bell with ringers in different sections (treble, battery, etc.) will produce an antiphonal effect.

# Mu Süda Ärka Üles

(Awake My Heart)

## Handbell Duo

Bells Used: 3 oct. (11)



Ethereal, freely and very slow  $\downarrow$  about 58

Traditional Estonian Folk Song  
arr. Susan T. Nelson (ASCAP)

Main musical score for Handbell Duo. The score is written in treble clef with a key signature of one sharp (F#) and a time signature of 4/4. It consists of six staves of music. The first staff contains measures 4 through 8. The second staff contains measures 9 through 14. The third staff contains measures 15 through 18, with a dynamic marking of *mf*. The fourth staff contains measures 19 through 23, 23 through 46, 46 through 47, and 47 through 10. The fifth staff contains measures 57 through 60, with a dynamic marking of *rit.* at the end.

Majestic, a tempo

61 62 63 64 65

66 67 68 69 70

71 72 73 74 75

76 77 78 79 80

81 82 83 84 85

86 87 88 89 90 2

92 93 94 SK 95

*molto rit.* *f* *sf* *ff*

Broader ♩ = about 60